

BANGKOK THAI COOKING ACADEMY  
 PROFESSIONAL THAI COOKING COURSE  
 50 DISHES + 7 CURRY PASTES  
 10 DAYS

**WEEK #2 28 MARCH-1 APRIL**

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 4-8 APRIL**

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

**WEEK #2 11-12 & 16 APRIL (closed 13-15 for Songkran)--3 long days of intensive cooking**

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS

SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

### WEEK #1 18-22 APRIL

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

### WEEK #2 25-29 APRIL

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH	SWEET CORN IN TAPIOCA &

			CHICKEN	COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 2-7 MAY (closed Thursday, 5 May and Saturday 7 May is makeup day)**

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

**WEEK #2 9-13 MAY**

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 16-21 MAY (closed Friday, 20 May and Saturday, 21 May is makeup day)**

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)

RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

**WEEK #2 23-27 MAY**

<b>MONDAY (6)</b>	<b>TUESDAY (7)</b>	<b>WEDNESDAY (8)</b>	<b>THURSDAY (9)</b>	<b>FRIDAY (10)</b>
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 30 MAY - 3 JUNE**

<b>MONDAY (1)</b>	<b>TUESDAY (2)</b>	<b>WEDNESDAY (3)</b>	<b>THURSDAY (4)</b>	<b>FRIDAY (5)</b>
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY	STIR-FRIED CHICKEN WITH	DEEP FRIED SHRIMP IN	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH

RICE	CASHEWS	TAMARIND SAUCE		CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

### WEEK #2 6-10 JUNE

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

### WEEK #1 13-17 JUNE

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

### WEEK #2 20-24 JUNE

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS

SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

### WEEK #1 27 JUNE-1 JULY

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

### WEEK #2 4-8 JULY

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH	SWEET CORN IN TAPIOCA &

			CHICKEN	COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 11-15 JULY**

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

**WEEK #2 18-23 JULY (closed Tuesday, 19 July and Saturday 23 July is makeup day)**

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 25-29 JULY**

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)

RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

**WEEK #2 1-5 AUGUST**

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 8-13 AUGUST (closed Friday, 12 August and Saturday, 13 August is the makeup day)**

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY	STIR-FRIED CHICKEN WITH	DEEP FRIED SHRIMP IN	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH



RICE	CASHEWS	TAMARIND SAUCE		CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

**WEEK #2 15-19 AUGUST**

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 22-26 AUGUST**

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

**WEEK #2 29 AUGUST-2 SEPTEMBER**

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS

SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

### WEEK #1 5-9 SEPTEMBER

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

### WEEK #2 12-16 SEPTEMBER

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH	SWEET CORN IN TAPIOCA &

			CHICKEN	COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 19-23 SEPTEMBER**

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

**WEEK #2 26-30 SEPTEMBER**

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 3-7 OCTOBER**

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)

RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

### WEEK #2 10-14 OCTOBER

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

### WEEK #1 17-21 OCTOBER

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY	STIR-FRIED CHICKEN WITH	DEEP FRIED SHRIMP IN	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH

RICE	CASHEWS	TAMARIND SAUCE		CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

### WEEK #2 24-28 OCTOBER

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

### WEEK #1 31 OCTOBER-4 NOVEMBER

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

### WEEK #2 7-11 NOVEMBER

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS

SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

### WEEK #1 14-18 NOVEMBER

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

### WEEK #2 21-25 NOVEMBER

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH	SWEET CORN IN TAPIOCA &

			CHICKEN	COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 28 NOVEMBER-2 DECEMBER**

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

**WEEK #2 5-10 DECEMBER (closed Monday, 5 December, and makeup class is on Saturday, 10 Dec)**

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

**WEEK #1 12-16 DECEMBER**

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)

RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

### WEEK #2 19-23 DECEMBER

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

### WEEK #1 26-30 DECEMBER

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY	STIR-FRIED CHICKEN WITH	DEEP FRIED SHRIMP IN	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH



RICE	CASHEWS	TAMARIND SAUCE		CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

**WEEK #2 2-7 JANUARY (closed Monday, 2 JAN, and makeup day is Saturday, 7 Jan)**

<b>MONDAY (6)</b>	<b>TUESDAY (7)</b>	<b>WEDNESDAY (8)</b>	<b>THURSDAY (9)</b>	<b>FRIDAY (10)</b>
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	STEWED PORK LEG + CHILI VINEGAR DIP	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	FRIED FISH WITH MIXED HERBS	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	THAI FRIED RICE	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	GREEN MANGO SALAD	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	