

BANGKOK THAI COOKING ACADEMY
 BASIC THAI COOKING COURSE
 23 OCT 2017-21 DEC 2018
 ROTATING 4 WEEKS SCHEDULE

WEEK #4 23-27 OCTOBER 2017

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR TAMARIND CHICKEN SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED BLUE CRAB WITH CURRY POWDER	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED TOFU WITH MINCED PORK & SHITAKE MUSHROOM	SPICY TOFU SALAD	STEAMED RICE FLOUR FLOWER-SCENTED CUSTARD PUDDING
	THAI SWEET STICKY RICE	STIR FRIED GLASS NOODLES WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS & SPICY CHILI DIP	
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 30 OCTOBER-3 NOVEMBER

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 6-10 NOVEMBER

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
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CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	STEAMED SWEET PUMPKIN PUDDING	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 13-17 NOVEMBER

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) CONTEMPORARY DAY
CHICKEN CORN FRITTERS	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, SIAM GRANITA	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
HOT & SOUR TAMARIND CURRY W/ FISH & VEGETABLES	TOM YUM FLAVORED SPRING ROLLS	EGG NOODLES, WONTON & BBQ PORK	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	SEAFOOD SATAY & SPICY SEAFOOD DIP		STIR FRIED CHINESE CABBAGE WITH SHRIMP	MASSAMAN CURRY WITH BEEF & MASHED POTATOES
STIR FRIED YOUNG GREEN CHILIES WITH CHICKEN	MACKEREL IN CHILI FISH SAUCE		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
BANANAS IN SWEET COCONUT MILK	VEGETABLES IN HOT CURRY SOUP		THREE COLORED DOUGH WITH CAMEL RICE KRISPIES	PURPLE SWEET POTATO WITH COCONUT CREAM

WEEK #4 20-24 NOVEMBER

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR TAMARIND CHICKEN SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED BLUE CRAB WITH CURRY POWDER	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY

	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED TOFU WITH MINCED PORK & SHITAKE MUSHROOM	SPICY TOFU SALAD	STEAMED RICE FLOUR FLOWER-SCENTED CUSTARD PUDDING
	THAI SWEET STICKY RICE	STIR FRIED GLASS NOODLES WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS & SPICY CHILI DIP	
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 27 NOVEMBER-1 DECEMBER

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH CHICKEN	PANANG CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED CHICKEN WITH SPICY BASIL	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
CHICKEN IN COCONUT MILK	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
MANGO WITH COCONUT STICKY RICE	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
STIR FRIED BLACK PEPPER BEEF	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 4-8 DECEMBER (Closed on Tuesday and Saturday, 9 December is the make up class)

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	GRILLED DUCK THAI STYLE	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH	STEAMED SWEET PUMPKIN PUDDING	JELLY DESSERT	STIR-FRIED EGGPLANTS WITH CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 11-15 DECEMBER

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) CONTEMPORARY DAY
CHICKEN CORN FRITTERS	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, SIAM GRANITA	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
HOT & SOUR TAMARIND CURRY W/ FISH & VEGETABLES	TOM YUM FLAVORED SPRING ROLLS	EGG NOODLES, WONTON & BBQ PORK	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	SEAFOOD SATAY & SPICY SEAFOOD DIP		STIR FRIED CHINESE CABBAGE WITH SHRIMP	MASSAMAN CURRY WITH BEEF & MASHED POTATOES
STIR FRIED YOUNG GREEN CHILIES WITH CHICKEN	MACKEREL IN CHILI FISH SAUCE		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
BANANAS IN SWEET COCONUT MILK	VEGETABLES IN HOT CURRY SOUP		THREE COLORED DOUGH WITH CAMEL RICE KRISPIES	PURPLE SWEET POTATO WITH COCONUT CREAM

WEEK #4 18-22 DECEMBER

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR TAMARIND CHICKEN SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED BLUE CRAB WITH CURRY POWDER	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED TOFU WITH MINCED PORK & SHITAKE MUSHROOM	SPICY TOFU SALAD	STEAMED RICE FLOUR FLOWER-SCENTED CUSTARD PUDDING
	THAI SWEET STICKY RICE	STIR FRIED GLASS NOODLES WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS & SPICY CHILI DIP	
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 25-29 DECEMBER, 2017

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH	PANANG CURRY	MASSAMAN	YELLOW CURRY	GREEN CURRY

DUCK & PINEAPPLE	WITH PORK	CURRY W/CHICKEN	WITH CHICKEN	WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH SPICY BASIL	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 1-5 JAN 2018 (Closed on Monday, 1 Jan. and Saturday, 6 Jan is the make up class)

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 8-12 JANUARY

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET	STIR FRIED		NORTHEAST STYLE	STEAMED SALMON

COCONUT MILK	YOUNG GREEN CHILIES W/CHICKEN		SOUP WITH PORK SPARE RIBS	WITH HERBS IN BANANA LEAF
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WEEK #4 15-19 JANUARY

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED OYSTER MUSHROOM WITH EGG & MINCED CHICKEN	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 22-26 JANUARY

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH SPICY BASIL	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 29 JAN-2 FEBRUARY

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY	CHICKEN SATAY +	BARBECUED PORK	FISH CURRY	THAI GRILLED

PASTE (prepare)	PEANUT SAUCE	SERVED WITH RICE	PASTE (prepare)	PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 5-9 FEBRUARY

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN CHILIES W/CHICKEN		NORTHEAST STYLE SOUP WITH PORK SPARE RIBS	STEAMED SALMON WITH HERBS IN BANANA LEAF

WEEK #4 12-16 FEBRUARY

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD	STIR FRIED OYSTER	SPICY TOFU	STEAMED RICE

	SOUFFLE WRAPPED WITH BANANA LEAF	MUSHROOM WITH EGG & MINCED CHICKEN	SALAD	WITH TARO CHICKEN & MUSHROOM
	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 19-23 FEBRUARY

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH SPICY BASIL	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 26 FEBRUARY-2 MARCH

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 5-9 MARCH

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN CHILIES W/CHICKEN		NORTHEAST STYLE SOUP WITH PORK SPARE RIBS	STEAMED SALMON WITH HERBS IN BANANA LEAF

WEEK #4 12-16 MARCH

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED OYSTER MUSHROOM WITH EGG & MINCED CHICKEN	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 19-23 MARCH

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN

CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH SPICY BASIL	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 26-30 MARCH

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 2-6 APRIL

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN		NORTHEAST STYLE SOUP WITH PORK	STEAMED SALMON WITH HERBS IN

CHILIES W/CHICKEN

SPARE RIBS

BANANA LEAF

WEEK #4 9-13 APRIL (Friday Songkran holiday and class compressed into first 4 days)

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED OYSTER MUSHROOM WITH EGG & MINCED CHICKEN	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 16-20 APRIL (Monday Songkran holiday and class compressed into next 4 days)

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH SPICY BASIL	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 23-27 APRIL

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS

		RICE		
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 30 APRIL-4 MAY

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN CHILIES W/CHICKEN		NORTHEAST STYLE SOUP WITH PORK SPARE RIBS	STEAMED SALMON WITH HERBS IN BANANA LEAF

WEEK #4 7-11 MAY

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED	STIR FRIED OYSTER MUSHROOM WITH	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN

	WITH BANANA LEAF	EGG & MINCED CHICKEN		& MUSHROOM
	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 14-18 MAY

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH SPICY BASIL	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 21-25 MAY

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 28 MAY-1 JUNE

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN CHILIES W/CHICKEN		NORTHEAST STYLE SOUP WITH PORK SPARE RIBS	STEAMED SALMON WITH HERBS IN BANANA LEAF

WEEK #4 4-8 JUNE

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED OYSTER MUSHROOM WITH EGG & MINCED CHICKEN	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 11-15 JUNE

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/	POMELO SALAD	STIR-FRIED	PAPAYA SALAD	EGG TOFU &

PRAWN SALAD		SEAFOOD WITH SPICY BASIL	WITH PRAWN	SEAFOOD CLEAR SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 18-22 JUNE

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 25-29 JUNE

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN CHILIES W/CHICKEN		NORTHEAST STYLE SOUP WITH PORK SPARE RIBS	STEAMED SALMON WITH HERBS IN BANANA LEAF

WEEK #4 2-6 JULY

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED OYSTER MUSHROOM WITH EGG & MINCED CHICKEN	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 9-13 JULY

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH SPICY BASIL	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 16-20 JULY

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS

SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 23-27 JULY

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN CHILIES W/CHICKEN		NORTHEAST STYLE SOUP WITH PORK SPARE RIBS	STEAMED SALMON WITH HERBS IN BANANA LEAF

WEEK #4 30 JULY-3 AUGUST

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED OYSTER MUSHROOM WITH EGG & MINCED CHICKEN	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN & MUSHROOM

	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 6-10 AUGUST

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH SPICY BASIL	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 13-17 AUGUST (Monday holiday and class compressed into next 4 days)

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 20-24 AUGUST

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13)	THURSDAY (14)	FRIDAY (15)
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		NOODLES DAY		FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN CHILIES W/CHICKEN		NORTHEAST STYLE SOUP WITH PORK SPARE RIBS	STEAMED SALMON WITH HERBS IN BANANA LEAF

WEEK #4 27-31 AUGUST

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED OYSTER MUSHROOM WITH EGG & MINCED CHICKEN	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 3-7 SEPTEMBER

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR

		SPICY BASIL		SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 10-14 SEPTEMBER

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 17-21 SEPTEMBER

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN CHILIES W/CHICKEN		NORTHEAST STYLE SOUP WITH PORK SPARE RIBS	STEAMED SALMON WITH HERBS IN BANANA LEAF

WEEK #4 24-28 SEPTEMBER

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED OYSTER MUSHROOM WITH EGG & MINCED CHICKEN	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 1-5 OCTOBER

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH SPICY BASIL	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 8-12 OCTOBER

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU	FRIED FISH WITH	DEEP FRIED	NOODLES WITH	CRISPY SHRIMP

CHI CURRY	MIXED HERBS	CHICKEN WINGS WITH SESAME	FISH CURRY	WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 15-19 OCTOBER

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN CHILIES W/CHICKEN		NORTHEAST STYLE SOUP WITH PORK SPARE RIBS	STEAMED SALMON WITH HERBS IN BANANA LEAF

WEEK #4 22-26 OCTOBER

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED OYSTER MUSHROOM WITH EGG & MINCED CHICKEN	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
	THAI SWEET	STIR FRIED RICE	FRESH SPRING	CHICKEN STEAMED

	STICKY RICE	VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	ROLLS + SPICY CHILI DIP	RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 29 OCT-2 NOV

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH SPICY BASIL	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR SOUP
GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 5-9 NOVEMBER

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 12-16 NOVEMBER

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
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NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN CHILIES W/CHICKEN		NORTHEAST STYLE SOUP WITH PORK SPARE RIBS	STEAMED SALMON WITH HERBS IN BANANA LEAF

WEEK #4 19-23 NOVEMBER

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED OYSTER MUSHROOM WITH EGG & MINCED CHICKEN	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	

WEEK #1 26-30 NOVEMBER

MONDAY (1)	TUESDAY (2)	WEDNESDAY (3)	THURSDAY (4)	FRIDAY (5)
RED CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)
RED CURRY WITH DUCK & PINEAPPLE	PANANG CURRY WITH PORK	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	GREEN CURRY WITH CHICKEN
CHINESE KALE W/ PRAWN SALAD	POMELO SALAD	STIR-FRIED SEAFOOD WITH SPICY BASIL	PAPAYA SALAD WITH PRAWN	EGG TOFU & SEAFOOD CLEAR SOUP

GRILLED DUCK THAI STYLE	CRISPY FRIED MUSSEL PANCAKES	STEAMED PORK WITH LIME SAUCE	GRILLED BEEF + SPICY DIPPING SAUCE	PAD THAI
STIR FRIED BLACK PEPPER BEEF	STIR-FRIED CHICKEN WITH CASHEWS	DEEP FRIED SHRIMP IN TAMARIND SAUCE	SPICY SALAD WITH FRIED EGG	SWEET & SOUR VEGETABLES WITH CHICKEN
MANGO WITH STICKY RICE	PUMPKIN IN SWEET COCONUT	FRIED SWEET NOODLES W/PORK	HOT & SOUR PRAWN SOUP	STIR-FRIED CHICKEN W/GINGER

WEEK #2 3-7 DECEMBER (Wednesday holiday and class compressed into remaining 4 days)

MONDAY (6)	TUESDAY (7)	WEDNESDAY (8)	THURSDAY (9)	FRIDAY (10)
CHU CHI CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE	BARBECUED PORK SERVED WITH RICE	FISH CURRY PASTE (prepare)	THAI GRILLED PORK ON SKEWERS
SHRIMP IN CHU CHI CURRY	FRIED FISH WITH MIXED HERBS	DEEP FRIED CHICKEN WINGS WITH SESAME	NOODLES WITH FISH CURRY	CRISPY SHRIMP WITH GREEN MANGO SALAD
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	SPICY GRILLED CHICKEN SALAD	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH OYSTER SAUCE
GLASS NOODLE SALAD	GREEN MANGO SALAD	CRISPY ROASTED PORK BELLY	CHICKEN IN COCONUT MILK	FRIED STUFFED SQUID W/GARLIC
THAI GRILLED FISH + SPICY SAUCE	STEAMED SWEET PUMPKIN PUDDING	MIXED FRESH FRUITS SALAD	STIR-FRIED SHRIMP WITH ASPARAGUS	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING			STIR-FRIED BEEF W/SPICY HERBS	

WEEK #3 10-14 DECEMBER

MONDAY (11)	TUESDAY (12)	WEDNESDAY (13) NOODLES DAY	THURSDAY (14)	FRIDAY (15) FUSION DAY
NORTHERN MIXED CURRY PASTE	THAI TEA DRINKS: LEMONGRASS, GINGER ROSELLE, HERBAL	BOAT NOODLES WITH PORK	FRIED PRAWN ON TOAST	CRISPY PANCAKE ROLL WITH CRAB MEAT
NORTHERN MIXED CURRY WITH CHICKEN	TAMARIND CURRY PASTE (prepare)	PHUKET STYLE NOODLES	NORTHERN DIP WITH VEGETABLES	SPAGHETTI WITH CHICKEN IN COCONUT CREAM SAUCE
SPICY SHRIMP SALAD WITH LEMONGRASS	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES		STIR FRIED CHINESE CABBAGE WITH SHRIMP	BEEF MASSAMAN WITH MASHED POTATOES
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	TOM YUM FLAVORED SPRING ROLLS		BAKED SEAFOOD & RICE IN CLAY POT	DEEP FRIED HOT & SPICY HERBS WITH TUNA
BANANAS IN SWEET COCONUT MILK	STIR FRIED YOUNG GREEN CHILIES W/CHICKEN		NORTHEAST STYLE SOUP WITH PORK SPARE RIBS	STEAMED SALMON WITH HERBS IN BANANA LEAF

WEEK #4 17-21 DECEMBER

MONDAY (16) STREET FOODS	TUESDAY (17)	WEDNESDAY (18)	THURSDAY (19) VEGETARIAN DAY	FRIDAY (20)
STEWED PORK LEG & CHILI VINEGAR DIP	CUCUMBER SALAD WITH BOILED EGG AND PRAWN	SOUTHERN STYLE YELLOW CURRY PASTE (PREPARE)	PANANG VEGETARIAN CURRY PASTE	EGG SHEET ROLL WITH MINCED SHRIMP & PORK
CHICKEN & RICE & SOYBEAN PASTE DIP	HOT & SOUR SEAFOOD SOUP	SOUTHERN STYLE YELLOW CURRY WITH CRAB MEAT & WILD BETEL LEAVES	PANANG CURRY WITH TOFU & VEGETABLES	STIR FRIED DRIED CURRY WITH CRISPY FISH
	STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	GRILLED PORK SIRLOIN WITH LEMONGRASS	HOT & SOUR MUSHROOM SOUP	PRAWN CRISPY WONTON IN MUSHROOM GRAVY
	GRILLED SEAFOOD SOUFFLE WRAPPED WITH BANANA LEAF	STIR FRIED OYSTER MUSHROOM WITH EGG & MINCED CHICKEN	SPICY TOFU SALAD	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
	THAI SWEET STICKY RICE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP	FRESH SPRING ROLLS + SPICY CHILI DIP	CHICKEN STEAMED RICE DUMPLING
			STIR FRIED TOFU WITH CASHEW NUTS	