

BANGKOK THAI COOKING ACADEMY

THAI CULINARY TRAINING COURSE

11 Nov 2019-1 January 2021

6 WEEKS ROTATING TRAINING SCHEDULE

NOTE: 6 weeks course is accredited by Thai Ministry of Education

WEEK #1 11-15 Nov. 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)
RED CURRY WITH ROAST DUCK	GREEN CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	PANANG CURRY WITH PORK
CHINESE KALE W/ PRAWN SALAD	PAD THAI	STIR-FRIED CHICKEN WITH CASHEWS	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
FRIED SWEET NOODLES WITH PORK	SWEET STICKY RICE W/LONGAN & COCONUT CREAM	STEAMED PORK WITH LIME SAUCE	GRILLED PORK + SPICY DIPPING SAUCE	POMELO SALAD
STIR FRIED BLACK PEPPER BEEF	STIR FRIED SEAFOOD WITH SPICY BASIL	DEEP FRIED SHRIMP IN TAMARIND SAUCE	HOT & SOUR PRAWN SOUP	SWEET & SOUR VEGETABLES WITH PORK
MANGO WITH STICKY RICE	CRISPY FRIED MUSSEL PANCAKES	CHICKEN IN COCONUT MILK	CENDOL	STIR-FRIED CHICKEN W/GINGER

WEEK #2 18-22 Nov.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHU CHI CURRY PASTE (prepare)	STUFFED CUCUMBER SOUP	SOUTHERN CURRY PASTE (prepare)	FISH CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE (prepare)
SHRIMP IN CHU CHI CURRY	DEEP FRIED FISH WITH GREEN MANGO SALAD	STIR FRIED PORK WITH SOUTHERN CURRY	NOODLES WITH FISH CURRY	TOM YUM FRIED RICE
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	DEEP FRIED CHICKEN WINGS WITH SESAME	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH SPICY HERBS
STIR FRIED BEEF W/ OYSTER SAUCE	MIXED MUSHROOM SALAD	CRISPY ROASTED PORK BELLY	GLASS NOODLE SALAD	FRIED STUFFED SQUID W/GARLIC
SALT-CRUSTED GRILLED FISH	CRISPY LOTUS BLOSSOMS	BARBECUED PORK SERVED WITH RICE	STIR-FRIED EGGPLANT WITH MINCED CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING		SPICY MINCED CHICKEN SALAD	MUNG BEAN CREPES	

WEEK #3 25-29 Nov.

MONDAY	TUESDAY	WEDNESDAY NOODLES DAY	THURSDAY	FRIDAY
SMOKED DRY FISH IN HOT AND SPICY SOUP	TAMARIND CURRY PASTE (prepare)	BOAT NOODLES WITH PORK	STIR FRIED SHRIMP WITH ASPARAGUS	NORTHERN CURRY PASTE (PREPARE)
SHRIMP CAKES WITH PLUM SAUCE	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES	PORK CLEAR NOODLES SOUP	NORTHERN DIP WITH VEGETABLES	NORTHERN CURRY WITH PORK
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	DEEP FRIED BOILED EGG WITH TAMARIND SAUCE	CHICKEN NOODLES WITH BITTER GOURD	THAI SUKI YAKI SEAFOOD	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
STIR FRIED GREEN CHILIES W/CHICKEN	FRIED FISH WITH CHILI SAUCE	THAI TEA DRINKS	FRIED PRAWN ON TOAST	STIR FRIED FISH W/CHINESE CELERY
WHITE TURMERIC SPICY SALAD	STIR FRIED NOODLES PHUKET STYLE		HOT & SOUR SPARERIBS SOUP	SOUTHERN STYLE FRIED CHICKEN
	SHRIMP WITH SPICY LEMONGRASS SALAD			SPICY EGG SALAD WITH BACON

WEEK #4 2-6 Dec. (Closed on Thursday, all dishes covered in 4 days)

MONDAY	TUESDAY	WEDNESDAY STREET FOODS	THURSDAY VEGETARIAN DAY	FRIDAY
HOT & SOUR SOUP WITH TURMERIC	MORNING GLORIES WITH PEANUT CURRY	STEWED PORK LEG & CHILI VINEGAR DIP	LEARN HOW TO MAKE TOFU & SOYMILK	PORK BELLY WITH SPICES
BRAISED SPARE RIBS IN PINEAPPLE SAUCE	CRISPY RICE SALAD WITH SOUR PORK	CHICKEN & RICE AND SOYBEAN PASTE DIP	STIR FRIED MIXED VEGETABLES	GRILLED CHICKEN SALAD
CRISPY FRIED MORNING GLORIES	CRISPY EGG NOODLES IN GRAVY		STIR FRIED TOFU WITH CASHEWS	GRILLED PORK SIRLOIN W/LEMONGRASS
CUCUMBER SALAD WITH BOILED EGG & PRAWN	STIR FRIED FISH WITH BLACK PEPPER		SWEET POTATO BALLS	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP		FRESH SPRING ROLLS + SPICY CHILI DIP	RED CURRY WITH PORK AND LONG BEANS

WEEK #5 9-13 Dec.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN WRAP WITH PANDANUS LEAVES	JUNGLE CURRY PASTE (prepare)	STEAMED CURRIED SEAFOOD	VEGETABLE SOUP PASTE (prepare)	PINEAPPLE CURRY PASTE (prepare)
GRILLED LONG EGGPLANT SALAD	JUNGLE CURRY WITH CHICKEN	PINEAPPLE FRIED RICE	VEGETABLE SOUP	THAI PINEAPPLE CURRY
STEAMED FISH WITH GINGER	CRISPY CATFISH GREEN MANGO SALAD	AUTHENTIC THAI GRILLED CHICKEN	STEAMED SEABASS WITH LIME SAUCE	CRISPY PORK PASTE DIP
STIR FRIED CLAMS WITH THAI CHILI PASTE	SPICY SEAFOOD WITH HERBS	FRIED GREEN PAPAYA SALAD	SPARERIBS GARLIC	STIR FRIED SQUID WITH SALTED EGG YOLKS
THAI LAYER CAKE	THAI STYLE CHICKEN BIRYANI WITH GREEN SAUCE	BLACK SESAME DUMPLING IN GINGER TEA	TINY DUMPLINGS IN SWEET COCONUT MILK	WINGED BEAN SALAD
	COCONUT MILK CUSTARD		GOLDEN BAG	STEAMED BANANA PASTRY

WEEK #6 16-20 Dec.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY THAI BREAKFAST	FRIDAY
TAY PHO CURRY PASTE (prepare)	KHAO SOY CURRY PASTE (prepare)	FRIED SPRING ROLLS WTH 5 SPICE SAUCE	THAI GRILLED PORK & STICKY RICE	STEAMED OR DEEP FRIED TOFU & PRAWN SAUCE
TAY PHO CURRY WITH PORK BELLY & MORNING GLORIES	KHAO SOY WITH CHICKEN	DEEP FRIED FISH IN 3 FLAVOR SAUCE	STIR FRIED MORNING GLORIES	DEEP FRIED SPICY CHICKEN SALAD
BAKED PRAWNS AND MUNG BEAN NOODLES	STIR FRIED PORK BELLY W/LEMONGRASS & SWEET BASIL	FRIED VERMICELLI WITH PORK	BOILED RICE SERVED WITH CONDIMENTS	DEEP FRIED FISH WITH TURMERIC
YELLOW CURRY CRAB	STUFFED CHICKEN WINGS	CRISPY GOLDEN CUP	RICE CONGEE	THAI COCONUT CAKE
WATER CHESTNUTS IN COCONUT SYRUP	DEEP FRIED FISH IN RED CURRY	SWEET TARO WITH COCONUT FILLING	RICE PORRIDGE WITH FISH	THAI STYLE SALTED BLACK OLIVE FRIED RICE
GRILLED SPICY PORK SALAD	MUNG BEAN THAI CUSTARD DESSERT		ASIAN FRIED BREAD STICKS	

WEEK #1 23-27 December 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)
RED CURRY WITH ROAST DUCK	GREEN CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	PANANG CURRY WITH PORK
CHINESE KALE W/ PRAWN SALAD	PAD THAI	STIR-FRIED CHICKEN WITH CASHEWS	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
FRIED SWEET NOODLES WITH PORK	SWEET STICKY RICE W/LONGAN & COCONUT CREAM	STEAMED PORK WITH LIME SAUCE	GRILLED PORK + SPICY DIPPING SAUCE	POMELO SALAD
STIR FRIED BLACK PEPPER BEEF	STIR FRIED SEAFOOD WITH SPICY BASIL	DEEP FRIED SHRIMP IN TAMARIND SAUCE	HOT & SOUR PRAWN SOUP	SWEET & SOUR VEGETABLES WITH PORK
MANGO WITH STICKY RICE	CRISPY FRIED MUSSEL PANCAKES	CHICKEN IN COCONUT MILK	CENDOL	STIR-FRIED CHICKEN W/GINGER

WEEK #2 30 Dec 2019-4 Jan 2020 (Closed Tues & Wed, class on Monday & Thursday-Saturday)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHU CHI CURRY PASTE (prepare)	STUFFED CUCUMBER SOUP	SOUTHERN CURRY PASTE (prepare)	FISH CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE (prepare)
SHRIMP IN CHU CHI CURRY	DEEP FRIED FISH WITH GREEN MANGO SALAD	STIR FRIED PORK WITH SOUTHERN CURRY	NOODLES WITH FISH CURRY	TOM YUM FRIED RICE
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	DEEP FRIED CHICKEN WINGS WITH SESAME	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH SPICY HERBS
STIR FRIED BEEF W/ OYSTER SAUCE	MIXED MUSHROOM SALAD	CRISPY ROASTED PORK BELLY	GLASS NOODLE SALAD	FRIED STUFFED SQUID W/GARLIC
SALT-CRUSTED GRILLED FISH	CRISPY LOTUS BLOSSOMS	BARBECUED PORK SERVED WITH RICE	STIR-FRIED EGGPLANT WITH MINCED CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING		SPICY MINCED CHICKEN SALAD	MUNG BEAN CREPES	

WEEK #3 6-10 January 2020

MONDAY	TUESDAY	WEDNESDAY NOODLES DAY	THURSDAY	FRIDAY
SMOKED DRY FISH IN HOT AND SPICY SOUP	TAMARIND CURRY PASTE (prepare)	BOAT NOODLES WITH PORK	STIR FRIED SHRIMP WITH ASPARAGUS	NORTHERN CURRY PASTE (PREPARE)
SHRIMP CAKES WITH PLUM SAUCE	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES	PORK CLEAR NOODLES SOUP	NORTHERN DIP WITH VEGETABLES	NORTHERN CURRY WITH PORK
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	DEEP FRIED BOILED EGG WITH TAMARIND SAUCE	CHICKEN NOODLES WITH BITTER GOURD	THAI SUKI YAKI SEAFOOD	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
STIR FRIED GREEN CHILIES W/CHICKEN	FRIED FISH WITH CHILI SAUCE	THAI TEA DRINKS	FRIED PRAWN ON TOAST	STIR FRIED FISH W/CHINESE CELERY
WHITE TURMERIC SPICY SALAD	STIR FRIED NOODLES PHUKET STYLE		HOT & SOUR SPARERIBS SOUP	SOUTHERN STYLE FRIED CHICKEN
	SHRIMP WITH SPICY LEMONGRASS SALAD			SPICY EGG SALAD WITH BACON

WEEK #4 13-17 January

MONDAY	TUESDAY	WEDNESDAY STREET FOODS	THURSDAY VEGETARIAN DAY	FRIDAY
HOT & SOUR SOUP WITH TURMERIC	MORNING GLORIES WITH PEANUT CURRY	STEWED PORK LEG & CHILI VINEGAR DIP	LEARN HOW TO MAKE TOFU & SOYMILK	PORK BELLY WITH SPICES
BRAISED SPARE RIBS IN PINEAPPLE SAUCE	CRISPY RICE SALAD WITH SOUR PORK	CHICKEN & RICE AND SOYBEAN PASTE DIP	STIR FRIED MIXED VEGETABLES	GRILLED CHICKEN SALAD
CRISPY FRIED MORNING GLORIES	CRISPY EGG NOODLES IN GRAVY		STIR FRIED TOFU WITH CASHEWS	GRILLED PORK SIRLOIN W/LEMONGRASS
CUCUMBER SALAD WITH BOILED EGG & PRAWN	STIR FRIED FISH WITH BLACK PEPPER		SWEET POTATO BALLS	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP		FRESH SPRING ROLLS + SPICY CHILI DIP	RED CURRY WITH PORK AND LONG BEANS

WEEK #5 20-24 January

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN WRAP WITH PANDANUS LEAVES	JUNGLE CURRY PASTE (prepare)	STEAMED CURRIED SEAFOOD	VEGETABLE SOUP PASTE (prepare)	PINEAPPLE CURRY PASTE (prepare)
GRILLED LONG EGGPLANT SALAD	JUNGLE CURRY WITH CHICKEN	PINEAPPLE FRIED RICE	VEGETABLE SOUP	THAI PINEAPPLE CURRY
STEAMED FISH WITH GINGER	CRISPY CATFISH GREEN MANGO SALAD	AUTHENTIC THAI GRILLED CHICKEN	STEAMED SEABASS WITH LIME SAUCE	CRISPY PORK PASTE DIP
STIR FRIED CLAMS WITH THAI CHILI PASTE	SPICY SEAFOOD WITH HERBS	FRIED GREEN PAPAYA SALAD	SPARERIBS GARLIC	STIR FRIED SQUID WITH SALTED EGG YOLKS
THAI LAYER CAKE	THAI STYLE CHICKEN BIRYANI WITH GREEN SAUCE	BLACK SESAME DUMPLING IN GINGER TEA	TINY DUMPLINGS IN SWEET COCONUT MILK	WINGED BEAN SALAD
	COCONUT MILK CUSTARD		GOLDEN BAG	STEAMED BANANA PASTRY

WEEK #6 27-31 January

MONDAY	TUESDAY	WEDNESDAY	THURSDAY THAI BREAKFAST	FRIDAY
TAY PHO CURRY PASTE (prepare)	KHAO SOY CURRY PASTE (prepare)	FRIED SPRING ROLLS WTH 5 SPICE SAUCE	THAI GRILLED PORK & STICKY RICE	STEAMED OR DEEP FRIED TOFU & PRAWN SAUCE
TAY PHO CURRY WITH PORK BELLY & MORNING GLORIES	KHAO SOY WITH CHICKEN	DEEP FRIED FISH IN 3 FLAVOR SAUCE	STIR FRIED MORNING GLORIES	DEEP FRIED SPICY CHICKEN SALAD
BAKED PRAWNS AND MUNG BEAN NOODLES	STIR FRIED PORK BELLY W/LEMONGRASS & SWEET BASIL	FRIED VERMICELLI WITH PORK	BOILED RICE SERVED WITH CONDIMENTS	DEEP FRIED FISH WITH TURMERIC
YELLOW CURRY CRAB	STUFFED CHICKEN WINGS	CRISPY GOLDEN CUP	RICE CONGEE	THAI COCONUT CAKE
WATER CHESTNUTS IN COCONUT SYRUP	DEEP FRIED FISH IN RED CURRY	SWEET TARO WITH COCONUT FILLING	RICE PORRIDGE WITH FISH	THAI STYLE SALTED BLACK OLIVE FRIED RICE
GRILLED SPICY PORK SALAD	MUNG BEAN THAI CUSTARD DESSERT		ASIAN FRIED BREAD STICKS	

WEEK #1 3-7 February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)
RED CURRY WITH ROAST DUCK	GREEN CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	PANANG CURRY WITH PORK
CHINESE KALE W/ PRAWN SALAD	PAD THAI	STIR-FRIED CHICKEN WITH CASHEWS	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
FRIED SWEET NOODLES WITH PORK	SWEET STICKY RICE W/LONGAN & COCONUT CREAM	STEAMED PORK WITH LIME SAUCE	GRILLED PORK + SPICY DIPPING SAUCE	POMELO SALAD
STIR FRIED BLACK PEPPER BEEF	STIR FRIED SEAFOOD WITH SPICY BASIL	DEEP FRIED SHRIMP IN TAMARIND SAUCE	HOT & SOUR PRAWN SOUP	SWEET & SOUR VEGETABLES WITH PORK
MANGO WITH STICKY RICE	CRISPY FRIED MUSSEL PANCAKES	CHICKEN IN COCONUT MILK	CENDOL	STIR-FRIED CHICKEN W/GINGER

WEEK #2 10-14 February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHU CHI CURRY PASTE (prepare)	STUFFED CUCUMBER SOUP	SOUTHERN CURRY PASTE (prepare)	FISH CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE (prepare)
SHRIMP IN CHU CHI CURRY	DEEP FRIED FISH WITH GREEN MANGO SALAD	STIR FRIED PORK WITH SOUTHERN CURRY	NOODLES WITH FISH CURRY	TOM YUM FRIED RICE
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	DEEP FRIED CHICKEN WINGS WITH SESAME	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH SPICY HERBS
STIR FRIED BEEF W/ OYSTER SAUCE	MIXED MUSHROOM SALAD	CRISPY ROASTED PORK BELLY	GLASS NOODLE SALAD	FRIED STUFFED SQUID W/GARLIC
SALT-CRUSTED GRILLED FISH	CRISPY LOTUS BLOSSOMS	BARBECUED PORK SERVED WITH RICE	STIR-FRIED EGGPLANT WITH MINCED CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING		SPICY MINCED CHICKEN SALAD	MUNG BEAN CREPES	

WEEK #3 17-21 February

MONDAY	TUESDAY	WEDNESDAY NOODLES DAY	THURSDAY	FRIDAY
SMOKED DRY FISH IN HOT AND SPICY SOUP	TAMARIND CURRY PASTE (prepare)	BOAT NOODLES WITH PORK	STIR FRIED SHRIMP WITH ASPARAGUS	NORTHERN CURRY PASTE (PREPARE)
SHRIMP CAKES WITH PLUM SAUCE	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES	PORK CLEAR NOODLES SOUP	NORTHERN DIP WITH VEGETABLES	NORTHERN CURRY WITH PORK
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	DEEP FRIED BOILED EGG WITH TAMARIND SAUCE	CHICKEN NOODLES WITH BITTER GOURD	THAI SUKI YAKI SEAFOOD	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
STIR FRIED GREEN CHILIES W/CHICKEN	FRIED FISH WITH CHILI SAUCE	THAI TEA DRINKS	FRIED PRAWN ON TOAST	STIR FRIED FISH W/CHINESE CELERY
WHITE TURMERIC SPICY SALAD	STIR FRIED NOODLES PHUKET STYLE		HOT & SOUR SPARERIBS SOUP	SOUTHERN STYLE FRIED CHICKEN
	SHRIMP WITH SPICY LEMONGRASS SALAD			SPICY EGG SALAD WITH BACON

WEEK #4 24-28 February

MONDAY	TUESDAY	WEDNESDAY STREET FOODS	THURSDAY VEGETARIAN DAY	FRIDAY
HOT & SOUR SOUP WITH TURMERIC	MORNING GLORIES WITH PEANUT CURRY	STEWED PORK LEG & CHILI VINEGAR DIP	LEARN HOW TO MAKE TOFU & SOYMILK	PORK BELLY WITH SPICES
BRAISED SPARE RIBS IN PINEAPPLE SAUCE	CRISPY RICE SALAD WITH SOUR PORK	CHICKEN & RICE AND SOYBEAN PASTE DIP	STIR FRIED MIXED VEGETABLES	GRILLED CHICKEN SALAD
CRISPY FRIED MORNING GLORIES	CRISPY EGG NOODLES IN GRAVY		STIR FRIED TOFU WITH CASHEWS	GRILLED PORK SIRLOIN W/LEMONGRASS
CUCUMBER SALAD WITH BOILED EGG & PRAWN	STIR FRIED FISH WITH BLACK PEPPER		SWEET POTATO BALLS	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP		FRESH SPRING ROLLS + SPICY CHILI DIP	RED CURRY WITH PORK AND LONG BEANS

WEEK #5 2-6 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN WRAP WITH PANDANUS LEAVES	JUNGLE CURRY PASTE (prepare)	STEAMED CURRIED SEAFOOD	VEGETABLE SOUP PASTE (prepare)	PINEAPPLE CURRY PASTE (prepare)
GRILLED LONG EGGPLANT SALAD	JUNGLE CURRY WITH CHICKEN	PINEAPPLE FRIED RICE	VEGETABLE SOUP	THAI PINEAPPLE CURRY
STEAMED FISH WITH GINGER	CRISPY CATFISH GREEN MANGO SALAD	AUTHENTIC THAI GRILLED CHICKEN	STEAMED SEABASS WITH LIME SAUCE	CRISPY PORK PASTE DIP
STIR FRIED CLAMS WITH THAI CHILI PASTE	SPICY SEAFOOD WITH HERBS	FRIED GREEN PAPAYA SALAD	SPARERIBS GARLIC	STIR FRIED SQUID WITH SALTED EGG YOLKS
THAI LAYER CAKE	THAI STYLE CHICKEN BIRYANI WITH GREEN SAUCE	BLACK SESAME DUMPLING IN GINGER TEA	TINY DUMPLINGS IN SWEET COCONUT MILK	WINGED BEAN SALAD
	COCONUT MILK CUSTARD		GOLDEN BAG	STEAMED BANANA PASTRY

WEEK #6 9-13 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY THAI BREAKFAST	FRIDAY
TAY PHO CURRY PASTE (prepare)	KHAO SOY CURRY PASTE (prepare)	FRIED SPRING ROLLS WTH 5 SPICE SAUCE	THAI GRILLED PORK & STICKY RICE	STEAMED OR DEEP FRIED TOFU & PRAWN SAUCE
TAY PHO CURRY WITH PORK BELLY & MORNING GLORIES	KHAO SOY WITH CHICKEN	DEEP FRIED FISH IN 3 FLAVOR SAUCE	STIR FRIED MORNING GLORIES	DEEP FRIED SPICY CHICKEN SALAD
BAKED PRAWNS AND MUNG BEAN NOODLES	STIR FRIED PORK BELLY W/LEMONGRASS & SWEET BASIL	FRIED VERMICELLI WITH PORK	BOILED RICE SERVED WITH CONDIMENTS	DEEP FRIED FISH WITH TURMERIC
YELLOW CURRY CRAB	STUFFED CHICKEN WINGS	CRISPY GOLDEN CUP	RICE CONGEE	THAI COCONUT CAKE
WATER CHESTNUTS IN COCONUT SYRUP	DEEP FRIED FISH IN RED CURRY	SWEET TARO WITH COCONUT FILLING	RICE PORRIDGE WITH FISH	THAI STYLE SALTED BLACK OLIVE FRIED RICE
GRILLED SPICY PORK SALAD	MUNG BEAN THAI CUSTARD DESSERT		ASIAN FRIED BREAD STICKS	

WEEK #1 16-20 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)
RED CURRY WITH ROAST DUCK	GREEN CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	PANANG CURRY WITH PORK
CHINESE KALE W/ PRAWN SALAD	PAD THAI	STIR-FRIED CHICKEN WITH CASHEWS	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
FRIED SWEET NOODLES WITH PORK	SWEET STICKY RICE W/LONGAN & COCONUT CREAM	STEAMED PORK WITH LIME SAUCE	GRILLED PORK + SPICY DIPPING SAUCE	POMELO SALAD
STIR FRIED BLACK PEPPER BEEF	STIR FRIED SEAFOOD WITH SPICY BASIL	DEEP FRIED SHRIMP IN TAMARIND SAUCE	HOT & SOUR PRAWN SOUP	SWEET & SOUR VEGETABLES WITH PORK
MANGO WITH STICKY RICE	CRISPY FRIED MUSSEL PANCAKES	CHICKEN IN COCONUT MILK	CENDOL	STIR-FRIED CHICKEN W/GINGER

WEEK #2 23-27 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHU CHI CURRY PASTE (prepare)	STUFFED CUCUMBER SOUP	SOUTHERN CURRY PASTE (prepare)	FISH CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE (prepare)
SHRIMP IN CHU CHI CURRY	DEEP FRIED FISH WITH GREEN MANGO SALAD	STIR FRIED PORK WITH SOUTHERN CURRY	NOODLES WITH FISH CURRY	TOM YUM FRIED RICE
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	DEEP FRIED CHICKEN WINGS WITH SESAME	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH SPICY HERBS
STIR FRIED BEEF W/ OYSTER SAUCE	MIXED MUSHROOM SALAD	CRISPY ROASTED PORK BELLY	GLASS NOODLE SALAD	FRIED STUFFED SQUID W/GARLIC
SALT-CRUSTED GRILLED FISH	CRISPY LOTUS BLOSSOMS	BARBECUED PORK SERVED WITH RICE	STIR-FRIED EGGPLANT WITH MINCED CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING		SPICY MINCED CHICKEN SALAD	MUNG BEAN CREPES	

WEEK #3 30 March-3 April

MONDAY	TUESDAY	WEDNESDAY NOODLES DAY	THURSDAY	FRIDAY
SMOKED DRY FISH IN HOT AND SPICY SOUP	TAMARIND CURRY PASTE (prepare)	BOAT NOODLES WITH PORK	STIR FRIED SHRIMP WITH ASPARAGUS	NORTHERN CURRY PASTE (PREPARE)
SHRIMP CAKES WITH PLUM SAUCE	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES	PORK CLEAR NOODLES SOUP	NORTHERN DIP WITH VEGETABLES	NORTHERN CURRY WITH PORK
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	DEEP FRIED BOILED EGG WITH TAMARIND SAUCE	CHICKEN NOODLES WITH BITTER GOURD	THAI SUKI YAKI SEAFOOD	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
STIR FRIED GREEN CHILIES W/CHICKEN	FRIED FISH WITH CHILI SAUCE	THAI TEA DRINKS	FRIED PRAWN ON TOAST	STIR FRIED FISH W/CHINESE CELERY
WHITE TURMERIC SPICY SALAD	STIR FRIED NOODLES PHUKET STYLE		HOT & SOUR SPARERIBS SOUP	SOUTHERN STYLE FRIED CHICKEN
	SHRIMP WITH SPICY LEMONGRASS SALAD			SPICY EGG SALAD WITH BACON

WEEK #4 6-10 April

MONDAY	TUESDAY	WEDNESDAY STREET FOODS	THURSDAY VEGETARIAN DAY	FRIDAY
HOT & SOUR SOUP WITH TURMERIC	MORNING GLORIES WITH PEANUT CURRY	STEWED PORK LEG & CHILI VINEGAR DIP	LEARN HOW TO MAKE TOFU & SOYMILK	PORK BELLY WITH SPICES
BRAISED SPARE RIBS IN PINEAPPLE SAUCE	CRISPY RICE SALAD WITH SOUR PORK	CHICKEN & RICE AND SOYBEAN PASTE DIP	STIR FRIED MIXED VEGETABLES	GRILLED CHICKEN SALAD
CRISPY FRIED MORNING GLORIES	CRISPY EGG NOODLES IN GRAVY		STIR FRIED TOFU WITH CASHEWS	GRILLED PORK SIRLOIN W/LEMONGRASS
CUCUMBER SALAD WITH BOILED EGG & PRAWN	STIR FRIED FISH WITH BLACK PEPPER		SWEET POTATO BALLS	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP		FRESH SPRING ROLLS + SPICY CHILI DIP	RED CURRY WITH PORK AND LONG BEANS

WEEK #5 13-18 April (Closed 13-15 for Songkran, all dishes covered Thursday-Saturday)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN WRAP WITH PANDANUS LEAVES	JUNGLE CURRY PASTE (prepare)	STEAMED CURRIED SEAFOOD	VEGETABLE SOUP PASTE (prepare)	PINEAPPLE CURRY PASTE (prepare)
GRILLED LONG EGGPLANT SALAD	JUNGLE CURRY WITH CHICKEN	PINEAPPLE FRIED RICE	VEGETABLE SOUP	THAI PINEAPPLE CURRY
STEAMED FISH WITH GINGER	CRISPY CATFISH GREEN MANGO SALAD	AUTHENTIC THAI GRILLED CHICKEN	STEAMED SEABASS WITH LIME SAUCE	CRISPY PORK PASTE DIP
STIR FRIED CLAMS WITH THAI CHILI PASTE	SPICY SEAFOOD WITH HERBS	FRIED GREEN PAPAYA SALAD	SPARERIBS GARLIC	STIR FRIED SQUID WITH SALTED EGG YOLKS
THAI LAYER CAKE	THAI STYLE CHICKEN BIRYANI WITH GREEN SAUCE	BLACK SESAME DUMPLING IN GINGER TEA	TINY DUMPLINGS IN SWEET COCONUT MILK	WINGED BEAN SALAD
	COCONUT MILK CUSTARD		GOLDEN BAG	STEAMED BANANA PASTRY

WEEK #6 20-24 April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY THAI BREAKFAST	FRIDAY
TAY PHO CURRY PASTE (prepare)	KHAO SOY CURRY PASTE (prepare)	FRIED SPRING ROLLS WTH 5 SPICE SAUCE	THAI GRILLED PORK & STICKY RICE	STEAMED OR DEEP FRIED TOFU & PRAWN SAUCE
TAY PHO CURRY WITH PORK BELLY & MORNING GLORIES	KHAO SOY WITH CHICKEN	DEEP FRIED FISH IN 3 FLAVOR SAUCE	STIR FRIED MORNING GLORIES	DEEP FRIED SPICY CHICKEN SALAD
BAKED PRAWNS AND MUNG BEAN NOODLES	STIR FRIED PORK BELLY W/LEMONGRASS & SWEET BASIL	FRIED VERMICELLI WITH PORK	BOILED RICE SERVED WITH CONDIMENTS	DEEP FRIED FISH WITH TURMERIC
YELLOW CURRY CRAB	STUFFED CHICKEN WINGS	CRISPY GOLDEN CUP	RICE CONGEE	THAI COCONUT CAKE
WATER CHESTNUTS IN COCONUT SYRUP	DEEP FRIED FISH IN RED CURRY	SWEET TARO WITH COCONUT FILLING	RICE PORRIDGE WITH FISH	THAI STYLE SALTED BLACK OLIVE FRIED RICE
GRILLED SPICY PORK SALAD	MUNG BEAN THAI CUSTARD DESSERT		ASIAN FRIED BREAD STICKS	

WEEK #1 27 April-1 May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)
RED CURRY WITH ROAST DUCK	GREEN CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	PANANG CURRY WITH PORK
CHINESE KALE W/ PRAWN SALAD	PAD THAI	STIR-FRIED CHICKEN WITH CASHEWS	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
FRIED SWEET NOODLES WITH PORK	SWEET STICKY RICE W/LONGAN & COCONUT CREAM	STEAMED PORK WITH LIME SAUCE	GRILLED PORK + SPICY DIPPING SAUCE	POMELO SALAD
STIR FRIED BLACK PEPPER BEEF	STIR FRIED SEAFOOD WITH SPICY BASIL	DEEP FRIED SHRIMP IN TAMARIND SAUCE	HOT & SOUR PRAWN SOUP	SWEET & SOUR VEGETABLES WITH PORK
MANGO WITH STICKY RICE	CRISPY FRIED MUSSEL PANCAKES	CHICKEN IN COCONUT MILK	CENDOL	STIR-FRIED CHICKEN W/GINGER

WEEK #2 4-8 May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHU CHI CURRY PASTE (prepare)	STUFFED CUCUMBER SOUP	SOUTHERN CURRY PASTE (prepare)	FISH CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE (prepare)
SHRIMP IN CHU CHI CURRY	DEEP FRIED FISH WITH GREEN MANGO SALAD	STIR FRIED PORK WITH SOUTHERN CURRY	NOODLES WITH FISH CURRY	TOM YUM FRIED RICE
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	DEEP FRIED CHICKEN WINGS WITH SESAME	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH SPICY HERBS
STIR FRIED BEEF W/ OYSTER SAUCE	MIXED MUSHROOM SALAD	CRISPY ROASTED PORK BELLY	GLASS NOODLE SALAD	FRIED STUFFED SQUID W/GARLIC
SALT-CRUSTED GRILLED FISH	CRISPY LOTUS BLOSSOMS	BARBECUED PORK SERVED WITH RICE	STIR-FRIED EGGPLANT WITH MINCED CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING		SPICY MINCED CHICKEN SALAD	MUNG BEAN CREPES	

WEEK #3 11-15 May

MONDAY	TUESDAY	WEDNESDAY NOODLES DAY	THURSDAY	FRIDAY
SMOKED DRY FISH IN HOT AND SPICY SOUP	TAMARIND CURRY PASTE (prepare)	BOAT NOODLES WITH PORK	STIR FRIED SHRIMP WITH ASPARAGUS	NORTHERN CURRY PASTE (PREPARE)
SHRIMP CAKES WITH PLUM SAUCE	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES	PORK CLEAR NOODLES SOUP	NORTHERN DIP WITH VEGETABLES	NORTHERN CURRY WITH PORK
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	DEEP FRIED BOILED EGG WITH TAMARIND SAUCE	CHICKEN NOODLES WITH BITTER GOURD	THAI SUKI YAKI SEAFOOD	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
STIR FRIED GREEN CHILIES W/CHICKEN	FRIED FISH WITH CHILI SAUCE	THAI TEA DRINKS	FRIED PRAWN ON TOAST	STIR FRIED FISH W/CHINESE CELERY
WHITE TURMERIC SPICY SALAD	STIR FRIED NOODLES PHUKET STYLE		HOT & SOUR SPARERIBS SOUP	SOUTHERN STYLE FRIED CHICKEN
	SHRIMP WITH SPICY LEMONGRASS SALAD			SPICY EGG SALAD WITH BACON

WEEK #4 18-22 May

MONDAY	TUESDAY	WEDNESDAY STREET FOODS	THURSDAY VEGETARIAN DAY	FRIDAY
HOT & SOUR SOUP WITH TURMERIC	MORNING GLORIES WITH PEANUT CURRY	STEWED PORK LEG & CHILI VINEGAR DIP	LEARN HOW TO MAKE TOFU & SOYMILK	PORK BELLY WITH SPICES
BRAISED SPARE RIBS IN PINEAPPLE SAUCE	CRISPY RICE SALAD WITH SOUR PORK	CHICKEN & RICE AND SOYBEAN PASTE DIP	STIR FRIED MIXED VEGETABLES	GRILLED CHICKEN SALAD
CRISPY FRIED MORNING GLORIES	CRISPY EGG NOODLES IN GRAVY		STIR FRIED TOFU WITH CASHEWS	GRILLED PORK SIRLOIN W/LEMONGRASS
CUCUMBER SALAD WITH BOILED EGG & PRAWN	STIR FRIED FISH WITH BLACK PEPPER		SWEET POTATO BALLS	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP		FRESH SPRING ROLLS + SPICY CHILI DIP	RED CURRY WITH PORK AND LONG BEANS

WEEK #5 25-29 May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN WRAP WITH PANDANUS LEAVES	JUNGLE CURRY PASTE (prepare)	STEAMED CURRIED SEAFOOD	VEGETABLE SOUP PASTE (prepare)	PINEAPPLE CURRY PASTE (prepare)
GRILLED LONG EGGPLANT SALAD	JUNGLE CURRY WITH CHICKEN	PINEAPPLE FRIED RICE	VEGETABLE SOUP	THAI PINEAPPLE CURRY
STEAMED FISH WITH GINGER	CRISPY CATFISH GREEN MANGO SALAD	AUTHENTIC THAI GRILLED CHICKEN	STEAMED SEABASS WITH LIME SAUCE	CRISPY PORK PASTE DIP
STIR FRIED CLAMS WITH THAI CHILI PASTE	SPICY SEAFOOD WITH HERBS	FRIED GREEN PAPAYA SALAD	SPARERIBS GARLIC	STIR FRIED SQUID WITH SALTED EGG YOLKS
THAI LAYER CAKE	THAI STYLE CHICKEN BIRYANI WITH GREEN SAUCE	BLACK SESAME DUMPLING IN GINGER TEA	TINY DUMPLINGS IN SWEET COCONUT MILK	WINGED BEAN SALAD
	COCONUT MILK CUSTARD		GOLDEN BAG	STEAMED BANANA PASTRY

WEEK #6 1-5 June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY THAI BREAKFAST	FRIDAY
TAY PHO CURRY PASTE (prepare)	KHAO SOY CURRY PASTE (prepare)	FRIED SPRING ROLLS WTH 5 SPICE SAUCE	THAI GRILLED PORK & STICKY RICE	STEAMED OR DEEP FRIED TOFU & PRAWN SAUCE
TAY PHO CURRY WITH PORK BELLY & MORNING GLORIES	KHAO SOY WITH CHICKEN	DEEP FRIED FISH IN 3 FLAVOR SAUCE	STIR FRIED MORNING GLORIES	DEEP FRIED SPICY CHICKEN SALAD
BAKED PRAWNS AND MUNG BEAN NOODLES	STIR FRIED PORK BELLY W/LEMONGRASS & SWEET BASIL	FRIED VERMICELLI WITH PORK	BOILED RICE SERVED WITH CONDIMENTS	DEEP FRIED FISH WITH TURMERIC
YELLOW CURRY CRAB	STUFFED CHICKEN WINGS	CRISPY GOLDEN CUP	RICE CONGEE	THAI COCONUT CAKE
WATER CHESTNUTS IN COCONUT SYRUP	DEEP FRIED FISH IN RED CURRY	SWEET TARO WITH COCONUT FILLING	RICE PORRIDGE WITH FISH	THAI STYLE SALTED BLACK OLIVE FRIED RICE
GRILLED SPICY PORK SALAD	MUNG BEAN THAI CUSTARD DESSERT		ASIAN FRIED BREAD STICKS	

WEEK #1 8-12 June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)
RED CURRY WITH ROAST DUCK	GREEN CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	PANANG CURRY WITH PORK
CHINESE KALE W/ PRAWN SALAD	PAD THAI	STIR-FRIED CHICKEN WITH CASHEWS	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
FRIED SWEET NOODLES WITH PORK	SWEET STICKY RICE W/LONGAN & COCONUT CREAM	STEAMED PORK WITH LIME SAUCE	GRILLED PORK + SPICY DIPPING SAUCE	POMELO SALAD
STIR FRIED BLACK PEPPER BEEF	STIR FRIED SEAFOOD WITH SPICY BASIL	DEEP FRIED SHRIMP IN TAMARIND SAUCE	HOT & SOUR PRAWN SOUP	SWEET & SOUR VEGETABLES WITH PORK
MANGO WITH STICKY RICE	CRISPY FRIED MUSSEL PANCAKES	CHICKEN IN COCONUT MILK	CENDOL	STIR-FRIED CHICKEN W/GINGER

WEEK #2 15-19 June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHU CHI CURRY PASTE (prepare)	STUFFED CUCUMBER SOUP	SOUTHERN CURRY PASTE (prepare)	FISH CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE (prepare)
SHRIMP IN CHU CHI CURRY	DEEP FRIED FISH WITH GREEN MANGO SALAD	STIR FRIED PORK WITH SOUTHERN CURRY	NOODLES WITH FISH CURRY	TOM YUM FRIED RICE
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	DEEP FRIED CHICKEN WINGS WITH SESAME	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH SPICY HERBS
STIR FRIED BEEF W/ OYSTER SAUCE	MIXED MUSHROOM SALAD	CRISPY ROASTED PORK BELLY	GLASS NOODLE SALAD	FRIED STUFFED SQUID W/GARLIC
SALT-CRUSTED GRILLED FISH	CRISPY LOTUS BLOSSOMS	BARBECUED PORK SERVED WITH RICE	STIR-FRIED EGGPLANT WITH MINCED CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING		SPICY MINCED CHICKEN SALAD	MUNG BEAN CREPES	

WEEK #3 22-26 June

MONDAY	TUESDAY	WEDNESDAY NOODLES DAY	THURSDAY	FRIDAY
SMOKED DRY FISH IN HOT AND SPICY SOUP	TAMARIND CURRY PASTE (prepare)	BOAT NOODLES WITH PORK	STIR FRIED SHRIMP WITH ASPARAGUS	NORTHERN CURRY PASTE (PREPARE)
SHRIMP CAKES WITH PLUM SAUCE	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES	PORK CLEAR NOODLES SOUP	NORTHERN DIP WITH VEGETABLES	NORTHERN CURRY WITH PORK
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	DEEP FRIED BOILED EGG WITH TAMARIND SAUCE	CHICKEN NOODLES WITH BITTER GOURD	THAI SUKI YAKI SEAFOOD	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
STIR FRIED GREEN CHILIES W/CHICKEN	FRIED FISH WITH CHILI SAUCE	THAI TEA DRINKS	FRIED PRAWN ON TOAST	STIR FRIED FISH W/CHINESE CELERY
WHITE TURMERIC SPICY SALAD	STIR FRIED NOODLES PHUKET STYLE		HOT & SOUR SPARERIBS SOUP	SOUTHERN STYLE FRIED CHICKEN
	SHRIMP WITH SPICY LEMONGRASS SALAD			SPICY EGG SALAD WITH BACON

WEEK #4 29 June-3 July

MONDAY	TUESDAY	WEDNESDAY STREET FOODS	THURSDAY VEGETARIAN DAY	FRIDAY
HOT & SOUR SOUP WITH TURMERIC	MORNING GLORIES WITH PEANUT CURRY	STEWED PORK LEG & CHILI VINEGAR DIP	LEARN HOW TO MAKE TOFU & SOYMILK	PORK BELLY WITH SPICES
BRAISED SPARE RIBS IN PINEAPPLE SAUCE	CRISPY RICE SALAD WITH SOUR PORK	CHICKEN & RICE AND SOYBEAN PASTE DIP	STIR FRIED MIXED VEGETABLES	GRILLED CHICKEN SALAD
CRISPY FRIED MORNING GLORIES	CRISPY EGG NOODLES IN GRAVY		STIR FRIED TOFU WITH CASHEWS	GRILLED PORK SIRLOIN W/LEMONGRASS
CUCUMBER SALAD WITH BOILED EGG & PRAWN	STIR FRIED FISH WITH BLACK PEPPER		SWEET POTATO BALLS	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP		FRESH SPRING ROLLS + SPICY CHILI DIP	RED CURRY WITH PORK AND LONG BEANS

WEEK #5 6-10 July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN WRAP WITH PANDANUS LEAVES	JUNGLE CURRY PASTE (prepare)	STEAMED CURRIED SEAFOOD	VEGETABLE SOUP PASTE (prepare)	PINEAPPLE CURRY PASTE (prepare)
GRILLED LONG EGGPLANT SALAD	JUNGLE CURRY WITH CHICKEN	PINEAPPLE FRIED RICE	VEGETABLE SOUP	THAI PINEAPPLE CURRY
STEAMED FISH WITH GINGER	CRISPY CATFISH GREEN MANGO SALAD	AUTHENTIC THAI GRILLED CHICKEN	STEAMED SEABASS WITH LIME SAUCE	CRISPY PORK PASTE DIP
STIR FRIED CLAMS WITH THAI CHILI PASTE	SPICY SEAFOOD WITH HERBS	FRIED GREEN PAPAYA SALAD	SPARERIBS GARLIC	STIR FRIED SQUID WITH SALTED EGG YOLKS
THAI LAYER CAKE	THAI STYLE CHICKEN BIRYANI WITH GREEN SAUCE	BLACK SESAME DUMPLING IN GINGER TEA	TINY DUMPLINGS IN SWEET COCONUT MILK	WINGED BEAN SALAD
	COCONUT MILK CUSTARD		GOLDEN BAG	STEAMED BANANA PASTRY

WEEK #6 13-17 July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY THAI BREAKFAST	FRIDAY
TAY PHO CURRY PASTE (prepare)	KHAO SOY CURRY PASTE (prepare)	FRIED SPRING ROLLS WTH 5 SPICE SAUCE	THAI GRILLED PORK & STICKY RICE	STEAMED OR DEEP FRIED TOFU & PRAWN SAUCE
TAY PHO CURRY WITH PORK BELLY & MORNING GLORIES	KHAO SOY WITH CHICKEN	DEEP FRIED FISH IN 3 FLAVOR SAUCE	STIR FRIED MORNING GLORIES	DEEP FRIED SPICY CHICKEN SALAD
BAKED PRAWNS AND MUNG BEAN NOODLES	STIR FRIED PORK BELLY W/LEMONGRASS & SWEET BASIL	FRIED VERMICELLI WITH PORK	BOILED RICE SERVED WITH CONDIMENTS	DEEP FRIED FISH WITH TURMERIC
YELLOW CURRY CRAB	STUFFED CHICKEN WINGS	CRISPY GOLDEN CUP	RICE CONGEE	THAI COCONUT CAKE
WATER CHESTNUTS IN COCONUT SYRUP	DEEP FRIED FISH IN RED CURRY	SWEET TARO WITH COCONUT FILLING	RICE PORRIDGE WITH FISH	THAI STYLE SALTED BLACK OLIVE FRIED RICE
GRILLED SPICY PORK SALAD	MUNG BEAN THAI CUSTARD DESSERT		ASIAN FRIED BREAD STICKS	

WEEK #1 20-24 July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)
RED CURRY WITH ROAST DUCK	GREEN CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	PANANG CURRY WITH PORK
CHINESE KALE W/ PRAWN SALAD	PAD THAI	STIR-FRIED CHICKEN WITH CASHEWS	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
FRIED SWEET NOODLES WITH PORK	SWEET STICKY RICE W/LONGAN & COCONUT CREAM	STEAMED PORK WITH LIME SAUCE	GRILLED PORK + SPICY DIPPING SAUCE	POMELO SALAD
STIR FRIED BLACK PEPPER BEEF	STIR FRIED SEAFOOD WITH SPICY BASIL	DEEP FRIED SHRIMP IN TAMARIND SAUCE	HOT & SOUR PRAWN SOUP	SWEET & SOUR VEGETABLES WITH PORK
MANGO WITH STICKY RICE	CRISPY FRIED MUSSEL PANCAKES	CHICKEN IN COCONUT MILK	CENDOL	STIR-FRIED CHICKEN W/GINGER

WEEK #2 27-31 July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHU CHI CURRY PASTE (prepare)	STUFFED CUCUMBER SOUP	SOUTHERN CURRY PASTE (prepare)	FISH CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE (prepare)
SHRIMP IN CHU CHI CURRY	DEEP FRIED FISH WITH GREEN MANGO SALAD	STIR FRIED PORK WITH SOUTHERN CURRY	NOODLES WITH FISH CURRY	TOM YUM FRIED RICE
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	DEEP FRIED CHICKEN WINGS WITH SESAME	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH SPICY HERBS
STIR FRIED BEEF W/ OYSTER SAUCE	MIXED MUSHROOM SALAD	CRISPY ROASTED PORK BELLY	GLASS NOODLE SALAD	FRIED STUFFED SQUID W/GARLIC
SALT-CRUSTED GRILLED FISH	CRISPY LOTUS BLOSSOMS	BARBECUED PORK SERVED WITH RICE	STIR-FRIED EGGPLANT WITH MINCED CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING		SPICY MINCED CHICKEN SALAD	MUNG BEAN CREPES	

WEEK #3 3-7 August

MONDAY	TUESDAY	WEDNESDAY NOODLES DAY	THURSDAY	FRIDAY
SMOKED DRY FISH IN HOT AND SPICY SOUP	TAMARIND CURRY PASTE (prepare)	BOAT NOODLES WITH PORK	STIR FRIED SHRIMP WITH ASPARAGUS	NORTHERN CURRY PASTE (PREPARE)
SHRIMP CAKES WITH PLUM SAUCE	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES	PORK CLEAR NOODLES SOUP	NORTHERN DIP WITH VEGETABLES	NORTHERN CURRY WITH PORK
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	DEEP FRIED BOILED EGG WITH TAMARIND SAUCE	CHICKEN NOODLES WITH BITTER GOURD	THAI SUKI YAKI SEAFOOD	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
STIR FRIED GREEN CHILIES W/CHICKEN	FRIED FISH WITH CHILI SAUCE	THAI TEA DRINKS	FRIED PRAWN ON TOAST	STIR FRIED FISH W/CHINESE CELERY
WHITE TURMERIC SPICY SALAD	STIR FRIED NOODLES PHUKET STYLE		HOT & SOUR SPARERIBS SOUP	SOUTHERN STYLE FRIED CHICKEN
	SHRIMP WITH SPICY LEMONGRASS SALAD			SPICY EGG SALAD WITH BACON

WEEK #4 10-14 August (Closed on Wednesday, all dishes covered in remaining 4 days)

MONDAY	TUESDAY	WEDNESDAY STREET FOODS	THURSDAY VEGETARIAN DAY	FRIDAY
HOT & SOUR SOUP WITH TURMERIC	MORNING GLORIES WITH PEANUT CURRY	STEWED PORK LEG & CHILI VINEGAR DIP	LEARN HOW TO MAKE TOFU & SOYMILK	PORK BELLY WITH SPICES
BRAISED SPARE RIBS IN PINEAPPLE SAUCE	CRISPY RICE SALAD WITH SOUR PORK	CHICKEN & RICE AND SOYBEAN PASTE DIP	STIR FRIED MIXED VEGETABLES	GRILLED CHICKEN SALAD
CRISPY FRIED MORNING GLORIES	CRISPY EGG NOODLES IN GRAVY		STIR FRIED TOFU WITH CASHEWS	GRILLED PORK SIRLOIN W/LEMONGRASS
CUCUMBER SALAD WITH BOILED EGG & PRAWN	STIR FRIED FISH WITH BLACK PEPPER		SWEET POTATO BALLS	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP		FRESH SPRING ROLLS + SPICY CHILI DIP	RED CURRY WITH PORK AND LONG BEANS

WEEK #5 17-21 August

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN WRAP WITH PANDANUS LEAVES	JUNGLE CURRY PASTE (prepare)	STEAMED CURRIED SEAFOOD	VEGETABLE SOUP PASTE (prepare)	PINEAPPLE CURRY PASTE (prepare)
GRILLED LONG EGGPLANT SALAD	JUNGLE CURRY WITH CHICKEN	PINEAPPLE FRIED RICE	VEGETABLE SOUP	THAI PINEAPPLE CURRY
STEAMED FISH WITH GINGER	CRISPY CATFISH GREEN MANGO SALAD	AUTHENTIC THAI GRILLED CHICKEN	STEAMED SEABASS WITH LIME SAUCE	CRISPY PORK PASTE DIP
STIR FRIED CLAMS WITH THAI CHILI PASTE	SPICY SEAFOOD WITH HERBS	FRIED GREEN PAPAYA SALAD	SPARERIBS GARLIC	STIR FRIED SQUID WITH SALTED EGG YOLKS
THAI LAYER CAKE	THAI STYLE CHICKEN BIRYANI WITH GREEN SAUCE	BLACK SESAME DUMPLING IN GINGER TEA	TINY DUMPLINGS IN SWEET COCONUT MILK	WINGED BEAN SALAD
	COCONUT MILK CUSTARD		GOLDEN BAG	STEAMED BANANA PASTRY

WEEK #6 24-28 August

MONDAY	TUESDAY	WEDNESDAY	THURSDAY THAI BREAKFAST	FRIDAY
TAY PHO CURRY PASTE (prepare)	KHAO SOY CURRY PASTE (prepare)	FRIED SPRING ROLLS WTH 5 SPICE SAUCE	THAI GRILLED PORK & STICKY RICE	STEAMED OR DEEP FRIED TOFU & PRAWN SAUCE
TAY PHO CURRY WITH PORK BELLY & MORNING GLORIES	KHAO SOY WITH CHICKEN	DEEP FRIED FISH IN 3 FLAVOR SAUCE	STIR FRIED MORNING GLORIES	DEEP FRIED SPICY CHICKEN SALAD
BAKED PRAWNS AND MUNG BEAN NOODLES	STIR FRIED PORK BELLY W/LEMONGRASS & SWEET BASIL	FRIED VERMICELLI WITH PORK	BOILED RICE SERVED WITH CONDIMENTS	DEEP FRIED FISH WITH TURMERIC
YELLOW CURRY CRAB	STUFFED CHICKEN WINGS	CRISPY GOLDEN CUP	RICE CONGEE	THAI COCONUT CAKE
WATER CHESTNUTS IN COCONUT SYRUP	DEEP FRIED FISH IN RED CURRY	SWEET TARO WITH COCONUT FILLING	RICE PORRIDGE WITH FISH	THAI STYLE SALTED BLACK OLIVE FRIED RICE
GRILLED SPICY PORK SALAD	MUNG BEAN THAI CUSTARD DESSERT		ASIAN FRIED BREAD STICKS	

WEEK #1 31 August-4 September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)
RED CURRY WITH ROAST DUCK	GREEN CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	PANANG CURRY WITH PORK
CHINESE KALE W/ PRAWN SALAD	PAD THAI	STIR-FRIED CHICKEN WITH CASHEWS	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
FRIED SWEET NOODLES WITH PORK	SWEET STICKY RICE W/LONGAN & COCONUT CREAM	STEAMED PORK WITH LIME SAUCE	GRILLED PORK + SPICY DIPPING SAUCE	POMELO SALAD
STIR FRIED BLACK PEPPER BEEF	STIR FRIED SEAFOOD WITH SPICY BASIL	DEEP FRIED SHRIMP IN TAMARIND SAUCE	HOT & SOUR PRAWN SOUP	SWEET & SOUR VEGETABLES WITH PORK
MANGO WITH STICKY RICE	CRISPY FRIED MUSSEL PANCAKES	CHICKEN IN COCONUT MILK	CENDOL	STIR-FRIED CHICKEN W/GINGER

WEEK #2 7-11 September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHU CHI CURRY PASTE (prepare)	STUFFED CUCUMBER SOUP	SOUTHERN CURRY PASTE (prepare)	FISH CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE (prepare)
SHRIMP IN CHU CHI CURRY	DEEP FRIED FISH WITH GREEN MANGO SALAD	STIR FRIED PORK WITH SOUTHERN CURRY	NOODLES WITH FISH CURRY	TOM YUM FRIED RICE
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	DEEP FRIED CHICKEN WINGS WITH SESAME	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH SPICY HERBS
STIR FRIED BEEF W/ OYSTER SAUCE	MIXED MUSHROOM SALAD	CRISPY ROASTED PORK BELLY	GLASS NOODLE SALAD	FRIED STUFFED SQUID W/GARLIC
SALT-CRUSTED GRILLED FISH	CRISPY LOTUS BLOSSOMS	BARBECUED PORK SERVED WITH RICE	STIR-FRIED EGGPLANT WITH MINCED CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING		SPICY MINCED CHICKEN SALAD	MUNG BEAN CREPES	

WEEK #3 14-18 September

MONDAY	TUESDAY	WEDNESDAY NOODLES DAY	THURSDAY	FRIDAY
SMOKED DRY FISH IN HOT AND SPICY SOUP	TAMARIND CURRY PASTE (prepare)	BOAT NOODLES WITH PORK	STIR FRIED SHRIMP WITH ASPARAGUS	NORTHERN CURRY PASTE (PREPARE)
SHRIMP CAKES WITH PLUM SAUCE	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES	PORK CLEAR NOODLES SOUP	NORTHERN DIP WITH VEGETABLES	NORTHERN CURRY WITH PORK
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	DEEP FRIED BOILED EGG WITH TAMARIND SAUCE	CHICKEN NOODLES WITH BITTER GOURD	THAI SUKI YAKI SEAFOOD	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
STIR FRIED GREEN CHILIES W/CHICKEN	FRIED FISH WITH CHILI SAUCE	THAI TEA DRINKS	FRIED PRAWN ON TOAST	STIR FRIED FISH W/CHINESE CELERY
WHITE TURMERIC SPICY SALAD	STIR FRIED NOODLES PHUKET STYLE		HOT & SOUR SPARERIBS SOUP	SOUTHERN STYLE FRIED CHICKEN
	SHRIMP WITH SPICY LEMONGRASS SALAD			SPICY EGG SALAD WITH BACON

WEEK #4 22-25 September

MONDAY	TUESDAY	WEDNESDAY STREET FOODS	THURSDAY VEGETARIAN DAY	FRIDAY
HOT & SOUR SOUP WITH TURMERIC	MORNING GLORIES WITH PEANUT CURRY	STEWED PORK LEG & CHILI VINEGAR DIP	LEARN HOW TO MAKE TOFU & SOYMILK	PORK BELLY WITH SPICES
BRAISED SPARE RIBS IN PINEAPPLE SAUCE	CRISPY RICE SALAD WITH SOUR PORK	CHICKEN & RICE AND SOYBEAN PASTE DIP	STIR FRIED MIXED VEGETABLES	GRILLED CHICKEN SALAD
CRISPY FRIED MORNING GLORIES	CRISPY EGG NOODLES IN GRAVY		STIR FRIED TOFU WITH CASHEWS	GRILLED PORK SIRLOIN W/LEMONGRASS
CUCUMBER SALAD WITH BOILED EGG & PRAWN	STIR FRIED FISH WITH BLACK PEPPER		SWEET POTATO BALLS	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP		FRESH SPRING ROLLS + SPICY CHILI DIP	RED CURRY WITH PORK AND LONG BEANS

WEEK #5 28 September-2 October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN WRAP WITH PANDANUS LEAVES	JUNGLE CURRY PASTE (prepare)	STEAMED CURRIED SEAFOOD	VEGETABLE SOUP PASTE (prepare)	PINEAPPLE CURRY PASTE (prepare)
GRILLED LONG EGGPLANT SALAD	JUNGLE CURRY WITH CHICKEN	PINEAPPLE FRIED RICE	VEGETABLE SOUP	THAI PINEAPPLE CURRY
STEAMED FISH WITH GINGER	CRISPY CATFISH GREEN MANGO SALAD	AUTHENTIC THAI GRILLED CHICKEN	STEAMED SEABASS WITH LIME SAUCE	CRISPY PORK PASTE DIP
STIR FRIED CLAMS WITH THAI CHILI PASTE	SPICY SEAFOOD WITH HERBS	FRIED GREEN PAPAYA SALAD	SPARERIBS GARLIC	STIR FRIED SQUID WITH SALTED EGG YOLKS
THAI LAYER CAKE	THAI STYLE CHICKEN BIRYANI WITH GREEN SAUCE	BLACK SESAME DUMPLING IN GINGER TEA	TINY DUMPLINGS IN SWEET COCONUT MILK	WINGED BEAN SALAD
	COCONUT MILK CUSTARD		GOLDEN BAG	STEAMED BANANA PASTRY

WEEK #6 5-9 October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY THAI BREAKFAST	FRIDAY
TAY PHO CURRY PASTE (prepare)	KHAO SOY CURRY PASTE (prepare)	FRIED SPRING ROLLS WTH 5 SPICE SAUCE	THAI GRILLED PORK & STICKY RICE	STEAMED OR DEEP FRIED TOFU & PRAWN SAUCE
TAY PHO CURRY WITH PORK BELLY & MORNING GLORIES	KHAO SOY WITH CHICKEN	DEEP FRIED FISH IN 3 FLAVOR SAUCE	STIR FRIED MORNING GLORIES	DEEP FRIED SPICY CHICKEN SALAD
BAKED PRAWNS AND MUNG BEAN NOODLES	STIR FRIED PORK BELLY W/LEMONGRASS & SWEET BASIL	FRIED VERMICELLI WITH PORK	BOILED RICE SERVED WITH CONDIMENTS	DEEP FRIED FISH WITH TURMERIC
YELLOW CURRY CRAB	STUFFED CHICKEN WINGS	CRISPY GOLDEN CUP	RICE CONGEE	THAI COCONUT CAKE
WATER CHESTNUTS IN COCONUT SYRUP	DEEP FRIED FISH IN RED CURRY	SWEET TARO WITH COCONUT FILLING	RICE PORRIDGE WITH FISH	THAI STYLE SALTED BLACK OLIVE FRIED RICE
GRILLED SPICY PORK SALAD	MUNG BEAN THAI CUSTARD DESSERT		ASIAN FRIED BREAD STICKS	

WEEK #1 12-16 October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)
RED CURRY WITH ROAST DUCK	GREEN CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	PANANG CURRY WITH PORK
CHINESE KALE W/ PRAWN SALAD	PAD THAI	STIR-FRIED CHICKEN WITH CASHEWS	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
FRIED SWEET NOODLES WITH PORK	SWEET STICKY RICE W/LONGAN & COCONUT CREAM	STEAMED PORK WITH LIME SAUCE	GRILLED PORK + SPICY DIPPING SAUCE	POMELO SALAD
STIR FRIED BLACK PEPPER BEEF	STIR FRIED SEAFOOD WITH SPICY BASIL	DEEP FRIED SHRIMP IN TAMARIND SAUCE	HOT & SOUR PRAWN SOUP	SWEET & SOUR VEGETABLES WITH PORK
MANGO WITH STICKY RICE	CRISPY FRIED MUSSEL PANCAKES	CHICKEN IN COCONUT MILK	CENDOL	STIR-FRIED CHICKEN W/GINGER

WEEK #2 19-23 October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHU CHI CURRY PASTE (prepare)	STUFFED CUCUMBER SOUP	SOUTHERN CURRY PASTE (prepare)	FISH CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE (prepare)
SHRIMP IN CHU CHI CURRY	DEEP FRIED FISH WITH GREEN MANGO SALAD	STIR FRIED PORK WITH SOUTHERN CURRY	NOODLES WITH FISH CURRY	TOM YUM FRIED RICE
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	DEEP FRIED CHICKEN WINGS WITH SESAME	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH SPICY HERBS
STIR FRIED BEEF W/ OYSTER SAUCE	MIXED MUSHROOM SALAD	CRISPY ROASTED PORK BELLY	GLASS NOODLE SALAD	FRIED STUFFED SQUID W/GARLIC
SALT-CRUSTED GRILLED FISH	CRISPY LOTUS BLOSSOMS	BARBECUED PORK SERVED WITH RICE	STIR-FRIED EGGPLANT WITH MINCED CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING		SPICY MINCED CHICKEN SALAD	MUNG BEAN CREPES	

WEEK #3 26-30 October

MONDAY	TUESDAY	WEDNESDAY NOODLES DAY	THURSDAY	FRIDAY
SMOKED DRY FISH IN HOT AND SPICY SOUP	TAMARIND CURRY PASTE (prepare)	BOAT NOODLES WITH PORK	STIR FRIED SHRIMP WITH ASPARAGUS	NORTHERN CURRY PASTE (PREPARE)
SHRIMP CAKES WITH PLUM SAUCE	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES	PORK CLEAR NOODLES SOUP	NORTHERN DIP WITH VEGETABLES	NORTHERN CURRY WITH PORK
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	DEEP FRIED BOILED EGG WITH TAMARIND SAUCE	CHICKEN NOODLES WITH BITTER GOURD	THAI SUKI YAKI SEAFOOD	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
STIR FRIED GREEN CHILIES W/CHICKEN	FRIED FISH WITH CHILI SAUCE	THAI TEA DRINKS	FRIED PRAWN ON TOAST	STIR FRIED FISH W/CHINESE CELERY
WHITE TURMERIC SPICY SALAD	STIR FRIED NOODLES PHUKET STYLE		HOT & SOUR SPARERIBS SOUP	SOUTHERN STYLE FRIED CHICKEN
	SHRIMP WITH SPICY LEMONGRASS SALAD			SPICY EGG SALAD WITH BACON

WEEK #4 2-6 November

MONDAY	TUESDAY	WEDNESDAY STREET FOODS	THURSDAY VEGETARIAN DAY	FRIDAY
HOT & SOUR SOUP WITH TURMERIC	MORNING GLORIES WITH PEANUT CURRY	STEWED PORK LEG & CHILI VINEGAR DIP	LEARN HOW TO MAKE TOFU & SOYMILK	PORK BELLY WITH SPICES
BRAISED SPARE RIBS IN PINEAPPLE SAUCE	CRISPY RICE SALAD WITH SOUR PORK	CHICKEN & RICE AND SOYBEAN PASTE DIP	STIR FRIED MIXED VEGETABLES	GRILLED CHICKEN SALAD
CRISPY FRIED MORNING GLORIES	CRISPY EGG NOODLES IN GRAVY		STIR FRIED TOFU WITH CASHEWS	GRILLED PORK SIRLOIN W/LEMONGRASS
CUCUMBER SALAD WITH BOILED EGG & PRAWN	STIR FRIED FISH WITH BLACK PEPPER		SWEET POTATO BALLS	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP		FRESH SPRING ROLLS + SPICY CHILI DIP	RED CURRY WITH PORK AND LONG BEANS

WEEK #5 9-13 November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN WRAP WITH PANDANUS LEAVES	JUNGLE CURRY PASTE (prepare)	STEAMED CURRIED SEAFOOD	VEGETABLE SOUP PASTE (prepare)	PINEAPPLE CURRY PASTE (prepare)
GRILLED LONG EGGPLANT SALAD	JUNGLE CURRY WITH CHICKEN	PINEAPPLE FRIED RICE	VEGETABLE SOUP	THAI PINEAPPLE CURRY
STEAMED FISH WITH GINGER	CRISPY CATFISH GREEN MANGO SALAD	AUTHENTIC THAI GRILLED CHICKEN	STEAMED SEABASS WITH LIME SAUCE	CRISPY PORK PASTE DIP
STIR FRIED CLAMS WITH THAI CHILI PASTE	SPICY SEAFOOD WITH HERBS	FRIED GREEN PAPAYA SALAD	SPARERIBS GARLIC	STIR FRIED SQUID WITH SALTED EGG YOLKS
THAI LAYER CAKE	THAI STYLE CHICKEN BIRYANI WITH GREEN SAUCE	BLACK SESAME DUMPLING IN GINGER TEA	TINY DUMPLINGS IN SWEET COCONUT MILK	WINGED BEAN SALAD
	COCONUT MILK CUSTARD		GOLDEN BAG	STEAMED BANANA PASTRY

WEEK #6 16-20 November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY THAI BREAKFAST	FRIDAY
TAY PHO CURRY PASTE (prepare)	KHAO SOY CURRY PASTE (prepare)	FRIED SPRING ROLLS WTH 5 SPICE SAUCE	THAI GRILLED PORK & STICKY RICE	STEAMED OR DEEP FRIED TOFU & PRAWN SAUCE
TAY PHO CURRY WITH PORK BELLY & MORNING GLORIES	KHAO SOY WITH CHICKEN	DEEP FRIED FISH IN 3 FLAVOR SAUCE	STIR FRIED MORNING GLORIES	DEEP FRIED SPICY CHICKEN SALAD
BAKED PRAWNS AND MUNG BEAN NOODLES	STIR FRIED PORK BELLY W/LEMONGRASS & SWEET BASIL	FRIED VERMICELLI WITH PORK	BOILED RICE SERVED WITH CONDIMENTS	DEEP FRIED FISH WITH TURMERIC
YELLOW CURRY CRAB	STUFFED CHICKEN WINGS	CRISPY GOLDEN CUP	RICE CONGEE	THAI COCONUT CAKE
WATER CHESTNUTS IN COCONUT SYRUP	DEEP FRIED FISH IN RED CURRY	SWEET TARO WITH COCONUT FILLING	RICE PORRIDGE WITH FISH	THAI STYLE SALTED BLACK OLIVE FRIED RICE
GRILLED SPICY PORK SALAD	MUNG BEAN THAI CUSTARD DESSERT		ASIAN FRIED BREAD STICKS	

WEEK #1 23-27 November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED CURRY PASTE (prepare)	GREEN CURRY PASTE (prepare)	MASSAMAN CURRY PASTE (prepare)	YELLOW CURRY PASTE (prepare)	PANANG CURRY PASTE (prepare)
RED CURRY WITH ROAST DUCK	GREEN CURRY WITH CHICKEN	MASSAMAN CURRY W/CHICKEN	YELLOW CURRY WITH CHICKEN	PANANG CURRY WITH PORK
CHINESE KALE W/ PRAWN SALAD	PAD THAI	STIR-FRIED CHICKEN WITH CASHEWS	PAPAYA SALAD	EGG TOFU & SEAFOOD CLEAR SOUP
FRIED SWEET NOODLES WITH PORK	SWEET STICKY RICE W/LONGAN & COCONUT CREAM	STEAMED PORK WITH LIME SAUCE	GRILLED PORK + SPICY DIPPING SAUCE	POMELO SALAD
STIR FRIED BLACK PEPPER BEEF	STIR FRIED SEAFOOD WITH SPICY BASIL	DEEP FRIED SHRIMP IN TAMARIND SAUCE	HOT & SOUR PRAWN SOUP	SWEET & SOUR VEGETABLES WITH PORK
MANGO WITH STICKY RICE	CRISPY FRIED MUSSEL PANCAKES	CHICKEN IN COCONUT MILK	CENDOL	STIR-FRIED CHICKEN W/GINGER

WEEK #2 30 November-4 December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHU CHI CURRY PASTE (prepare)	STUFFED CUCUMBER SOUP	SOUTHERN CURRY PASTE (prepare)	FISH CURRY PASTE (prepare)	CHICKEN SATAY + PEANUT SAUCE (prepare)
SHRIMP IN CHU CHI CURRY	DEEP FRIED FISH WITH GREEN MANGO SALAD	STIR FRIED PORK WITH SOUTHERN CURRY	NOODLES WITH FISH CURRY	TOM YUM FRIED RICE
FRIED SPRING ROLLS + SWEET CHILI SAUCE	THAI FRIED RICE	DEEP FRIED CHICKEN WINGS WITH SESAME	THAI FISH CAKES + SWEET CUCUMBER DIP	STIR-FRIED BEEF WITH SPICY HERBS
STIR FRIED BEEF W/ OYSTER SAUCE	MIXED MUSHROOM SALAD	CRISPY ROASTED PORK BELLY	GLASS NOODLE SALAD	FRIED STUFFED SQUID W/GARLIC
SALT-CRUSTED GRILLED FISH	CRISPY LOTUS BLOSSOMS	BARBECUED PORK SERVED WITH RICE	STIR-FRIED EGGPLANT WITH MINCED CHICKEN	SWEET CORN IN TAPIOCA & COCONUT MILK
THAI SWEET DUMPLING		SPICY MINCED CHICKEN SALAD	MUNG BEAN CREPES	

WEEK #3 7-11 December (Closed on Monday, all dishes covered in remaining 4 days)

MONDAY	TUESDAY	WEDNESDAY NOODLES DAY	THURSDAY	FRIDAY
SMOKED DRY FISH IN HOT AND SPICY SOUP	TAMARIND CURRY PASTE (prepare)	BOAT NOODLES WITH PORK	STIR FRIED SHRIMP WITH ASPARAGUS	NORTHERN CURRY PASTE (PREPARE)
SHRIMP CAKES WITH PLUM SAUCE	HOT & SOUR TAMARIND CURRY W/FISH & VEGGIES	PORK CLEAR NOODLES SOUP	NORTHERN DIP WITH VEGETABLES	NORTHERN CURRY WITH PORK
CHICKEN BAKED IN SOY SAUCE & CHINESE KALE	DEEP FRIED BOILED EGG WITH TAMARIND SAUCE	CHICKEN NOODLES WITH BITTER GOURD	THAI SUKI YAKI SEAFOOD	DEEP FRIED PRAWN & HERBS SALAD IN TARO BASKET
STIR FRIED GREEN CHILIES W/CHICKEN	FRIED FISH WITH CHILI SAUCE	THAI TEA DRINKS	FRIED PRAWN ON TOAST	STIR FRIED FISH W/CHINESE CELERY
WHITE TURMERIC SPICY SALAD	STIR FRIED NOODLES PHUKET STYLE		HOT & SOUR SPARERIBS SOUP	SOUTHERN STYLE FRIED CHICKEN
	SHRIMP WITH SPICY LEMONGRASS SALAD			SPICY EGG SALAD WITH BACON

WEEK #4 14-18 December

MONDAY	TUESDAY	WEDNESDAY STREET FOODS	THURSDAY VEGETARIAN DAY	FRIDAY
HOT & SOUR SOUP WITH TURMERIC	MORNING GLORIES WITH PEANUT CURRY	STEWED PORK LEG & CHILI VINEGAR DIP	LEARN HOW TO MAKE TOFU & SOYMILK	PORK BELLY WITH SPICES
BRAISED SPARE RIBS IN PINEAPPLE SAUCE	CRISPY RICE SALAD WITH SOUR PORK	CHICKEN & RICE AND SOYBEAN PASTE DIP	STIR FRIED MIXED VEGETABLES	GRILLED CHICKEN SALAD
CRISPY FRIED MORNING GLORIES	CRISPY EGG NOODLES IN GRAVY		STIR FRIED TOFU WITH CASHEWS	GRILLED PORK SIRLOIN W/LEMONGRASS
CUCUMBER SALAD WITH BOILED EGG & PRAWN	STIR FRIED FISH WITH BLACK PEPPER		SWEET POTATO BALLS	STEAMED RICE WITH TARO CHICKEN & MUSHROOM
STIR FRIED CHICKEN WITH YELLOW CURRY POWDER & PINEAPPLE	STIR FRIED RICE VERMICELLI WITH TAMARIND SAUCE & SOYBEAN DIP		FRESH SPRING ROLLS + SPICY CHILI DIP	RED CURRY WITH PORK AND LONG BEANS

WEEK #5 21-25 December 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN WRAP WITH PANDANUS LEAVES	JUNGLE CURRY PASTE (prepare)	STEAMED CURRIED SEAFOOD	VEGETABLE SOUP PASTE (prepare)	PINEAPPLE CURRY PASTE (prepare)
GRILLED LONG EGGPLANT SALAD	JUNGLE CURRY WITH CHICKEN	PINEAPPLE FRIED RICE	VEGETABLE SOUP	THAI PINEAPPLE CURRY
STEAMED FISH WITH GINGER	CRISPY CATFISH GREEN MANGO SALAD	AUTHENTIC THAI GRILLED CHICKEN	STEAMED SEABASS WITH LIME SAUCE	CRISPY PORK PASTE DIP
STIR FRIED CLAMS WITH THAI CHILI PASTE	SPICY SEAFOOD WITH HERBS	FRIED GREEN PAPAYA SALAD	SPARERIBS GARLIC	STIR FRIED SQUID WITH SALTED EGG YOLKS
THAI LAYER CAKE	THAI STYLE CHICKEN BIRYANI WITH GREEN SAUCE	BLACK SESAME DUMPLING IN GINGER TEA	TINY DUMPLINGS IN SWEET COCONUT MILK	WINGED BEAN SALAD
	COCONUT MILK CUSTARD		GOLDEN BAG	STEAMED BANANA PASTRY

WEEK #6 28 Dec 2020-1 Jan 2021 (Closed 31 Dec & 1 Jan, all dishes covered Monday-Wednesday)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY THAI BREAKFAST	FRIDAY
TAY PHO CURRY PASTE (prepare)	KHAO SOY CURRY PASTE (prepare)	FRIED SPRING ROLLS WTH 5 SPICE SAUCE	THAI GRILLED PORK & STICKY RICE	STEAMED OR DEEP FRIED TOFU & PRAWN SAUCE
TAY PHO CURRY WITH PORK BELLY & MORNING GLORIES	KHAO SOY WITH CHICKEN	DEEP FRIED FISH IN 3 FLAVOR SAUCE	STIR FRIED MORNING GLORIES	DEEP FRIED SPICY CHICKEN SALAD
BAKED PRAWNS AND MUNG BEAN NOODLES	STIR FRIED PORK BELLY W/LEMONGRASS & SWEET BASIL	FRIED VERMICELLI WITH PORK	BOILED RICE SERVED WITH CONDIMENTS	DEEP FRIED FISH WITH TURMERIC
YELLOW CURRY CRAB	STUFFED CHICKEN WINGS	CRISPY GOLDEN CUP	RICE CONGEE	THAI COCONUT CAKE
WATER CHESTNUTS IN COCONUT SYRUP	DEEP FRIED FISH IN RED CURRY	SWEET TARO WITH COCONUT FILLING	RICE PORRIDGE WITH FISH	THAI STYLE SALTED BLACK OLIVE FRIED RICE
GRILLED SPICY PORK SALAD	MUNG BEAN THAI CUSTARD DESSERT		ASIAN FRIED BREAD STICKS	